

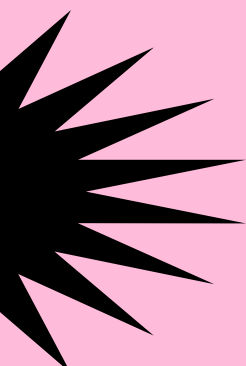
CHILDREN AND YOUNG PEOPLE'S SERVICE



COMMUNITY SERVICES AND RESOURCES DIRECTORY

NOVEMBER 2023

WELCOME TO THE CYPS DIRECTORY OF COMMUNITY SERVICES AND RESOURCES



The aim of this booklet is to offer professionals a one stop shop for information to help support you in your practice.

This booklet is aimed at education and social care professionals and contains links to a wide range of areas which can offer support to children, young people and their families.

We are ambitious for our children, young people, and families... our commitment as a local area to create a system of early intervention which puts all children, young people, and their families first.



TABLE OF CONTENTS

Charities - Pg4-5

Child Criminal Exploitation - Pg6

Community - Pg7

Domestic Abuse - Pg 8-9

Housing p Pg 10

Internet Safety / Child Sexual Exploitation - Pg11-12

Legal - Pg 13

Mental Health - Pg 14-15

Parenting - Pg 16-17

Refugees - Pg 18

SEND - Pg 19-20

Sexual Health - Pg 21

Substance Misuse - Pg 22

Youth - Pg 23-27

CHARITIES

CLICK ON THE LOGO TO VISIT THE WEBSITE



Providing timely grants for essential household items and clothing for individuals, couples and families.



Grants for people in need who are on low income and live within the postcode boundaries of SW6 and parts of W14 and W6 in Fulham.



One-off grants for young people under 30 years of age and living in the UK, involved in volunteering or community service in the UK.



Grants of up to £2,000 per child for specific items or therapies/activities - must be for the child specifically.



One-off grants for essential sports equipment for young people under the age of 16 who are in need.



Charity grants for nurses and artists but also a more general category of women.



THE SKINNERS' COMPANY

Grants available for young people living in England and Wales from low-income backgrounds, to help them gain vocational qualifications.

CHARITIES

CLICK ON THE LOGO TO VISIT THE WEBSITE



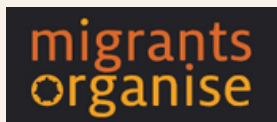
Carers Trust works to transform the lives of unpaid carers. It partners with its network of local carer organisations to provide funding and support, deliver innovative and evidence-based programmes, raise awareness and influence policy.

Little Village supports families with babies and children under five living in poverty across London. They run a baby bank network, collecting, sorting and passing on pre-loved clothes and equipment.



Parents are also supported by their dedicated signposting and guidance team, who offer advice and links to other services. In addition, they work with families to share their stories and campaign to fix the systems that trap them in poverty.

Migrants Organise provides a platform for refugees and migrants to organise for power, dignity and justice to enable meaningful inclusion and integration.



They combine advice and support for individuals affected by the hostile environment immigration policies with community organising, advocacy, research and campaigning to help dismantle structural racism.



The Prince's Trust gives grants to young people aged 16-30 who have experienced difficulties at school, have been in trouble with the law, are long-term unemployed or have been in care.

The charity runs a number of programmes to help these young people. It also provides grants to young people who are on one of these programmes.



**National Zakat
Foundation**

The National Zakat Foundation give charitable grants to Muslim families in the UK.

CRIMINAL CHILD EXPLOITATION

CLICK ON THE LOGO TO VISIT THE WEBSITE



IMPOWER offer mentoring for children & young people, 11- 18yrs, at risk of crime, worklessness or homelessness; and care leavers. Interventions of 4- 12months are offered, young people are then signposted to other organisations for continued support if required.



To break the cycle of social exclusion and crime, Khulisa works with at-risk youth, prisoners and ex-offenders to understand and tackle the root-cause of their violent and anti-social behaviours



Established in 1994 and obtaining charitable status in 2009, the Trust - driven by local needs and with the support of partners, funders and stakeholders - work across seven London boroughs to provide opportunities based on the main objectives of health, education, social inclusion and participation.



They work with practitioners, young people and families to convert research into a range of resources that help practitioners to make changes that improve responses to extra-familial harm.



Therapeutic mentoring for young people at risk of gang affiliation.



Provides a range of services to help and support young people and their families, to try to keep them away from crime and anti-social behaviour.

COMMUNITY

CLICK ON THE LOGO TO VISIT THE WEBSITE



PEOPLE ARISE NOW
FOR SAFE & THRIVING COMMUNITIES

People Arise Now was set up to support family members of offenders who experience the stigma of crime, ex-offenders who find it difficult to re-settle in the community, and offenders who are preparing to leave prison.



The Anti-Tribalism Movement is a non-profit organisation committed to tackling tribalism and promoting fairer and more equitable societies.



Bay 20 is the community space adjacent to Dale Youth Boxing Club on St Marks Road. It was built by BBC DIY SOS in response to the Grenfell Tower fire. The centre provides affordable spaces for local people to use as well as a community café.

DOMESTIC ABUSE

CLICK ON THE LOGO TO VISIT THE WEBSITE



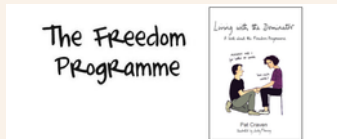
Provides a range of advice and services including safety planning; emotional and practical help; advocacy support (IDVA); women's centres and specialist support to children and young people aged 5 - 18.



Tailored, specialist support for young people (aged 11-24) who have been impacted by domestic abuse in their family home.



The Home Office has launched a new, multi-year national communications campaign which says, 'Enough' to violence against women and girls.



Examines the roles played by attitudes and beliefs on the actions of abusive men and the responses of victims and survivors. The aim is to help them to make sense of and understand what has happened to them.



IKWRO provides advice and support to Middle Eastern and Afghan women and girls living in the UK who are facing Forced Marriage, Child Marriage, "Honour" Based Violence, Female Genital Mutilation and Domestic Violence.

They offer advice in Farsi, Dari, Kurdish, Arabic, Turkish, Pashto and English and run a free counselling service in Farsi, Kurdish, Arabic and English.

DOMESTIC ABUSE

CLICK ON THE LOGO TO VISIT THE WEBSITE



Offers victims and survivors, aged 13 and above, of rape and sexual abuse help to access specialist services in London.



Safer Space+ is a specialist support service for children and young people affected by domestic abuse.

The project is open to children and young people between the ages of 5 to 18-years-old who reside or are educated within London.



A free service run by women, for women in London who have been affected by all forms of violence and abuse.



Woman's Trust is a specialist mental health charity, providing free counselling and therapy for women who have experienced domestic violence.



ANGELOU is a partnership of 10 specialist organisations that have come together to support women and girls experiencing domestic or sexual violence.

HOUSING

CLICK ON THE LOGO TO VISIT THE WEBSITE



Food parcel distribution for those experiencing financial crisis.

The Hub @ 75 - Our drop-in centre for information, signposting, and support beyond food.



This national charity and their network of local charities offer confidential advice online, over the phone, and in person, for free.



The Upper Room has expanded from a small soup kitchen supporting people experiencing homelessness into a dynamic charity offering a range of services to address the immediate and longer term needs of its guests.

INTERNET SAFETY / CHILD SEXUAL EXPLOITATION

CLICK ON THE LOGO TO VISIT THE WEBSITE



Child Exploitation and Online Protection offers information and the ability to refer or gain advice.



NWG is a charitable organisation formed as a UK network of over 14,500 practitioners who disseminate our information down through their services, to professionals working on the issue of child exploitation (CE) and trafficking within the UK.



Pace is a national charity working to keep children safe from exploitation by supporting their parents, disrupting the offenders and working in partnership with police and family services. They also train professionals to support affected children and their parents using a trauma-informed, family-centric approach.



The UK Safer Internet Centre (UKSIC), established in 2011, is a leading global partnership helping to make the internet a great and safe place for everyone.

They provide support and services to children and young people, adults facing online harms, and professionals working with children.



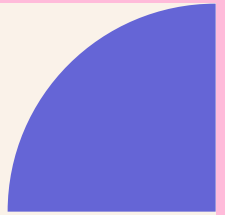
Information and resources for online safety, including links to other websites offering similar support.



Information and resources for parents and carers in a range of areas, including online safety, CSE, domestic violence, FGM, and many more.

INTERNET SAFETY / CHILD SEXUAL EXPLOITATION

CLICK ON THE LOGO TO VISIT THE WEBSITE



TIGER stands for Trauma Informed Growth and Empowered Recovery; Barnardo's unique evidence-informed and evaluated trauma-informed approach.

They work with children, young people and their families where there are concerns around child sexual abuse, assault and exploitation, and harmful sexual behaviours.

LEGAL

CLICK ON THE LOGO TO VISIT THE WEBSITE



Provide people in need with legal advice and representation and give support and training to other community groups. Their focus is on those most disadvantaged and who need access to the legal system.



Cafcass has launched a new dedicated telephone line for children and young people to share their feedback about the help and support they have had during their family court proceedings.

MENTAL HEALTH

CLICK ON THE LOGO TO VISIT THE WEBSITE



One of the UK's most respected mental health charities, founded by the family of Charlie Waller who took his own life in 1997 whilst suffering from depression.

They help young people to understand their own mental health, equip them to support themselves and those around them, and empower them to talk more openly about the subject. Much of the work takes place in partnership with those with responsibility for young people - families, schools, colleges, universities, and employers.



The purpose of HF Mencap is to empower children and adults with learning disabilities to get their voice heard, reach their potential and be included in their local community.



Hammersmith, Fulham, Ealing and Hounslow Mind provides a range of services to support children and young people. Their services range from individual advice and 1 to 1 support to workshops and groups. They work with children, young people, parents, carers, schools and education staff.



Offer a variety of workshops for adults to support mental wellbeing, including Men in Sheds; as well as learning & play activities for children.



The Family Toolkit was designed to assist families in caring for a family member with a mental illness by providing information and practical resources.

MENTAL HEALTH

CLICK ON THE LOGO TO VISIT THE WEBSITE



Kooth is a web-based confidential support service available to young people. Kooth provides free online counselling and mental health support across the UK and is fully commissioned by the NHS.



The helpline provides advice and guidance to children and young people, their families, carers, CAMHS colleagues in West London, and other professionals who work with children in the community, such as GPs, social workers, and teachers.



WLAC is a specialist service offering free counselling and therapy for vulnerable children and their families.

PARENTING

CLICK ON THE LOGO TO VISIT THE WEBSITE



The Confident Parent Happy Child service is for parents and carers of children aged 0-18 years living in the London Borough of Hammersmith and Fulham. The project offers a range of evidence-based parenting programmes, information, advice and support for parents and carers to build positive parenting skills and work towards achieving positive outcomes for their children.



Doorstep Library is a community-focused literacy charity dedicated to bringing the magic of books and the joy of reading directly into the homes of children across London and beyond who need our support.



Funpact is a parent-led charity that is passionate about parenting and a child's journey to independence.

Their courses are designed to help children make good life choices by bringing families together to have fun and learn in an interactive and informative environment.



At Total Family Coaching, they believe that families - even when facing difficulties and challenges - have many strengths that need to be recognised and encouraged.

They provide trauma-informed holistic family support and coaching to vulnerable families and parents. They deliver evidence based parenting programs to parents on 1:1 and group settings.



Family information directory for services in Hammersmith & Fulham

PARENTING

CLICK ON THE LOGO TO VISIT THE WEBSITE



Anna Freud is a world-leading mental health charity for children and families and provide advice and guidance for parents and carers to help them support a child or young person experiencing poor mental health or wellbeing.



Parents as Partners is a programme that looks at the whole family, not just the relationship between parents and their children. Both parents are involved in sessions, and the group is always led by a male and female pair of trained workers.



Parent Gym provides parenting programmes free of charge to schools and children's centres in the state sector. The programme has been designed by leading psychologists and is suitable for parents of children aged 2-11.

REFUGEES

CLICK ON THE LOGO TO VISIT THE WEBSITE



West London Welcome is a community centre run for and with refugees, migrants, people seeking asylum, and other locals.



Refugees and asylum seekers information directory for services in Hammersmith & Fulham



The Hammersmith & Fulham Refugees Welcome group is one of about 100 citizens-led Refugees Welcome groups across the UK. The Refugees Welcome movement was started in response to the refugee crisis as a practical way for people to organise and help refugees. The groups are supported by Citizens UK, a charity that organises communities to act together for power, social justice and the common good.

SEND

CLICK ON THE LOGO TO VISIT THE WEBSITE



Hammersmith & Fulham SEND local offer, detailing SEND services available to pupils



Parentsactive is the parent carer forum for those with a child or young person with disabilities or special educational, and who reside in the borough of Hammersmith & Fulham.



Hammersmith and Fulham SEND Information and Advice Support Service (IASS) offers free, impartial, confidential information, advice and support about special educational needs and disabilities (SEND) for children and young people up to age 25, and their parents and carers.



A unique range of services developed to ensure that families understand children and young people's legal rights and entitlements to special education provision.



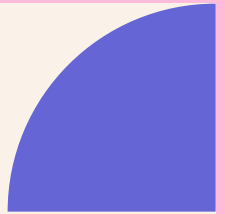
Promoting the wellbeing and development of children and adults with learning disabilities and autism in all areas of their lives as well as supporting their families and carers.



Online, printed and helpline advice on education, benefits and finances, childcare, social care, medical information and more.

SEND

CLICK ON THE LOGO TO VISIT THE WEBSITE



A Disabled People's Organisation (DPO) led by disabled people, for disabled people. They work to ensure that disabled people have independence, choice and control over their own lives.



Global Action for Autism is a 'Not for Profit' charitable incorporated organisation for young people with autism and their families.

SEXUAL HEALTH

CLICK ON THE LOGO TO VISIT THE WEBSITE



Operating in Hammersmith & Fulham, Westminster and Kensington and Chelsea and offering a wide range of services to the community. They work with young people 15-14 offering 1-1 support as well as a range of group workshops.

**TURNING
POINT**
inspired by possibility



Resilience is a free wellbeing service for young people in Hammersmith and Fulham. They can support young people with their sexual health, relationships, emotional wellbeing and drug and alcohol use. They work with young people up to age 25.

SUBSTANCE MISUSE

CLICK ON THE LOGO TO VISIT THE WEBSITE



**Change
Grow
Live**

Free and confidential alcohol service for people aiming to cut down or stop drinking, and for people who have issues with the drinking behaviour of someone else close to them.



SMART Recovery®

Life beyond addiction

National organisation that runs online and in person support groups to help people tackle addictive behaviour as part of a four step programme. Recommended by The Alcohol Service.



The Drug and Alcohol
Wellbeing Service

Advice and support for substance misuse issues for anyone aged over 18.

**TURNING
POINT**

inspired by possibility



Resilience is a free wellbeing service for young people in Hammersmith and Fulham. They can support young people with sexual health, relationships, emotional wellbeing and drug and alcohol use.



STOP SMOKING SERVICE

Provide a free, evidence-based service for all smokers in LBHF who would like support in giving up. All clients receive six weeks of 1-1 support from a specialist stop smoking advisor who will tailor their support to each individual.

YOUTH

CLICK ON THE LOGO TO VISIT THE WEBSITE



The Volunteer Police Cadets is the nationally recognised police uniformed youth group throughout England & Wales and in Scotland known as Police Scotland Youth Volunteers.



Mentoring for children & young people, 11- 18yrs, at risk of crime, worklessness or homelessness; and care leavers.



List of services available for children and families within Hammersmith & Fulham (e.g. children's centres, youth clubs, etc.)



Bay 20 is the community space adjacent to Dale Youth Boxing Club on St Marks Road. It was built by BBC DIY SOS in response to the Grenfell Tower fire. The centre provides affordable spaces for local people to use as well as a community café.



On a Tuesday and Thursday evenings 6:30 - 8pm a team from St Simon's run a boxing club for girls and boys aged 7 - 15. The aim is to learn the discipline of the sport, whilst enjoying the fun of training together and the exercise it provides.

Gloves are provided and no experience is necessary.



The aim of The Brunswick Club for Young People is to provide a safe and friendly environment in which young people can develop their physical, creative, mental, and social skills through their leisure time activities.

YOUTH

CLICK ON THE LOGO TO VISIT THE WEBSITE



Bubble & Squeak run volunteer-led community events, family art workshops, monthly get-togethers, after school clubs and a surplus food stalls.

Bush Theatre

Bush Theatre offers free experiences to individuals, schools and young people's groups in Hammersmith and Fulham or the surrounding area.



The Chelsea FC Foundation is the world's leading football social responsibility programme, using the power of football to motivate, educate and inspire.

**PCMC
Willesden**

Pentecostal City Mission Church Willesden - sharing the light of Christ across our community and the World through Community aid, professional childcare services and more.

DANCEWEST.

DanceWest provides free & low cost dance, health and wellbeing activities co-designed with participants and partners.



A directory of youth services in Hammersmith & Fulham



Fulham FC Foundation is the Official Charity of Fulham Football Club, committed to a vision for a healthy, inclusive and thriving community.

YOUTH

CLICK ON THE LOGO TO VISIT THE WEBSITE



Creative arts projects for Care Leavers 16-25.



Eat Club – a charity improving young people's relationship with food. Their youth cooking courses are designed to improve the relationship people have with food to address the underlying barriers to healthy eating and improve health and wellbeing.



Get hands-on with history and discover the long history of Fulham Palace with the young adults' archaeology sessions.



FULHAM REACH BOAT CLUB
EST. 2014

Fulham Reach Boat Club is a registered charity with a vision of Rowing for All. They aim to give access to rowing to a cross-section of the community, especially those who are most in need because of financial hardship or social circumstance, and help them realise their full potential both on and off the water.



The Harrow Club has been creating positive futures for marginalised young people in West London since 1883. Through general youth clubs and specialist interventions, they aim to empower young people to complete their education, avoid anti-social behaviour and become positive contributors to society.



LONDON FIRE BRIGADE

Joining Fire Cadets is a great way for young people to have fun, make friends, and develop their skills and confidence.

YOUTH

CLICK ON THE LOGO TO VISIT THE WEBSITE



Key4Life is an innovative crime prevention charity which rehabilitates young men in prison or at risk of going to prison, and provides real solutions to help reduce youth offending.

The charity's rehabilitation programmes help the young men to build resilience and release negative behaviours through a powerful blend of music, football, equine therapy, NLP (Neuro-linguistic programming) and emotional release sessions.



Information about Holiday Camps for young people.



London Sports Trust aims to inspire positive change for disadvantaged young Londoners through the power of sport, training & life skills to improve life outcomes as well as physical and mental health. They believe in young people's capacity to aspire and achieve to maximise their potential despite the barriers they face.



Young Lyric encompasses all of their projects, classes and activities with young people in one of the following strands, Education, Emerging Talent and Inclusion.



mosaic LGBT+ young persons' trust

To support, educate and inspire young LGBT+ persons and those around them. They do this by providing accessible activities, programmes and services that aim to empower community members, provide essential resources, advocate for young LGBT+ rights, and embrace, promote and endorse the diversity of young persons.

YOUTH

CLICK ON THE LOGO TO VISIT THE WEBSITE



Original Taekwondo
amazing way of life

Original Taekwondo is now a well-established Academy throughout London. They have a large membership of white belts to black belts aged from 3 to 60 and welcome everyone of any age. They have an open door policy and encourage children and women, beginners and advanced students of all ages, abilities and backgrounds.



QPR in the Community Trust - the club's charitable arm - care deeply about the local community and understand the role they can play in using the power of football to promote positive change.



Riana
Development Network



RDN runs a mentoring programme called Life Skills, aimed at 13-18 year olds.



St Andrew's, Fulham Fields

St Andrew's offer a range of youth activities and clubs.



The Sulgrave Youth Club is a voluntary Organisation and registered charity, working with young people aged 8 to 19 years.



EALING TRAILFINDERS RUGBY CLUB

ESTABLISHED 1871

The Ealing Trailfinders Foundation and Community Department's vision is to be the number one multi-sports provider in Ealing, aiming to make lives better through sport.

YOUTH

CLICK ON THE LOGO TO VISIT THE WEBSITE

WHITE CITY
THEATRE
PROJECT

WCTP has a mission to empower young people in London's disadvantaged communities by realising their potential through high quality, performing arts programmes, delivered by inspirational theatre makers and facilitators.

the kids network
Connecting for Change

The Kids Network is a community of children and volunteer mentors connecting through fun, friendship and hardship for positive social change.



AMICI Dance Theatre Company is a unique dance theatre company integrating able-bodied & disabled artists and performers.

