



2024/25 Training & Development Offer

Our offer

A programme of FREE training and development opportunities for all H&F parents and carers.

Hammersmith and Fulham Virtual School have developed a programme of webinars and face to face training across the 2024/25 academic year to support education providers to fully understand the needs of our most vulnerable children.



For booking details, please see the last page of this booklet.

All sessions are delivered by external experts and fully funded by the Virtual School. Places can be booked using the Microsoft Forms link. Webinars are delivered over Zoom or Teams. Links will be sent 48 hours before each session.



2024/25 Training & Development Offer

Autumn Term

For Parents & Carers:

Dyslexia, Dyspraxia and
Dyscalculia

Dr Sarah Moseley

19th November 2024
10-12pm

An informative session designed to provide an overview understanding of dyslexia, dyspraxia, and dyscalculia.

Key Highlights:

- Understand neurodiverse differences dyslexia, dyspraxia, and dyscalculia are, including their characteristics and how they differ.
- Learn about the common signs and differences to help identify these learning differences.
- Explore the Impact on Learning and Daily Life: Understand how dyslexia, dyspraxia, and dyscalculia affect academic performance and everyday activities. Recognise the strengths and challenges of each.
- Access Effective Support Strategies: Discover practical strategies to support your child's learning at home and in school. Learn about assistive technologies and resources that can help your child overcome challenges.
- Navigate the Educational System: Gain insights into working with schools to ensure your child receives the appropriate support and accommodations importance of Plans and how to advocate for your child's needs.
- Foster a Positive and Encouraging Environment: Learn ways to boost your child's confidence and self-esteem

This session will equip you with the knowledge and tools to better understand and support your child with dyslexia, dyspraxia, or dyscalculia, helping them thrive both academically and personally.





2024/25 Training & Development Offer

Spring Term

For Parents & Carers:

**Understanding Brain Development
in Children
Amelia Brunt**

**28th January 2025
10-12pm**

Amelia Brunt is an Attachment Lead Teacher and Specialist Educator in Trauma Informed and Responsive Practice. Amelia provides training, workshops and keynote speeches to audiences across the UK as well as working directly with schools and families to support regulated and relational approaches to mental health and successful life outcomes.

As children we are extremely flexible and adaptable to the situations we are born into. Due to the size of our human brains, we are born ready and primed to absorb all of the experiences offered to us, particularly in the first months and years of life. During the first three to five years there is rapid growth and brain development. Indeed, some consider this an additional period of gestation outside of the womb, which other animals don't need to survive. The reality of this flexible and adaptable approach to brain development is both amazing and fragile at the same time. Following extensive research over the past 30 years we now have a much better understanding of the neurobiology of brain development and how our experiences can shape both our brains and our behaviours, determining how healthy and successful we might be in later life. The good news is that nothing is set in stone and there is also extensive research showing how positive, patient and nurturing relationships can support changes in brain architecture and healthier outcomes for young people long term.

In this training we will consider what factors effect brain development, the balance of positive and adverse childhood experiences and how every individual child is unique, even if born into the same family. We will explore how our experiences effect both brain and body development and emphasise the phenomenal ability of the human brain to adapt and heal. This session is as much about the parent/carer and supporting their needs as it is about the child. Together we can grow healthier brains to support ongoing mental health and positive life experiences.



2024/25 Training & Development Offer

Spring Term

For Parents & Carers:
Play Therapy
Wendy Sawyer

7th February 2025
10-12pm

Play therapy is a form of therapeutic intervention designed primarily for children to help them express their feelings, explore their thoughts, and process their experiences through play. Since children may lack the verbal skills to articulate their emotions and experiences effectively, play therapy uses the natural medium of play to facilitate communication and healing.

This webinar will cover:

- What is play therapy?
- What does a play therapist do?
- When is play therapy useful?
- Who can refer a child to play therapy?
- Methods of play therapy
- What can I do to support my child during play therapy?
- What will my child experience during play therapy?
- Can I do play therapy with my child?
- The importance of play
- What activities can be used to engage therapeutically? (try out an activity)

There will also be an opportunity to ask questions and even engage in more play!





2024/25 Training & Development Offer

Spring Term

For Parent & Carers:

Communicating with Children & Young People
Christina Enright

13th March 2025
10-12pm

When children feel that they are listened to and that their feelings are valued, they are able to develop a stronger relationship with social workers, foster carers and educators.

In turn, listening to children's feelings and needs helps professionals to give effective support and make better decisions about their care.

Because children may not always find it easy to talk about worries or difficult feelings, it is just as important to observe how children behave and what remains unsaid, as well as what they do say.

This session covers non-verbal communication in addition to verbal communication and offers advice on listening to children and young people, along with important confidentiality and recording procedures.

This webinar includes:

- The importance of good communication
- Communication considerations
- Your role in communication
- What's in a question?
- How you can help





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Booking details for webinars
can be found here:

For Parents & Carers:

<https://forms.office.com/e/0QCBKt30E1>

For any queries please contact Della Freedman
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