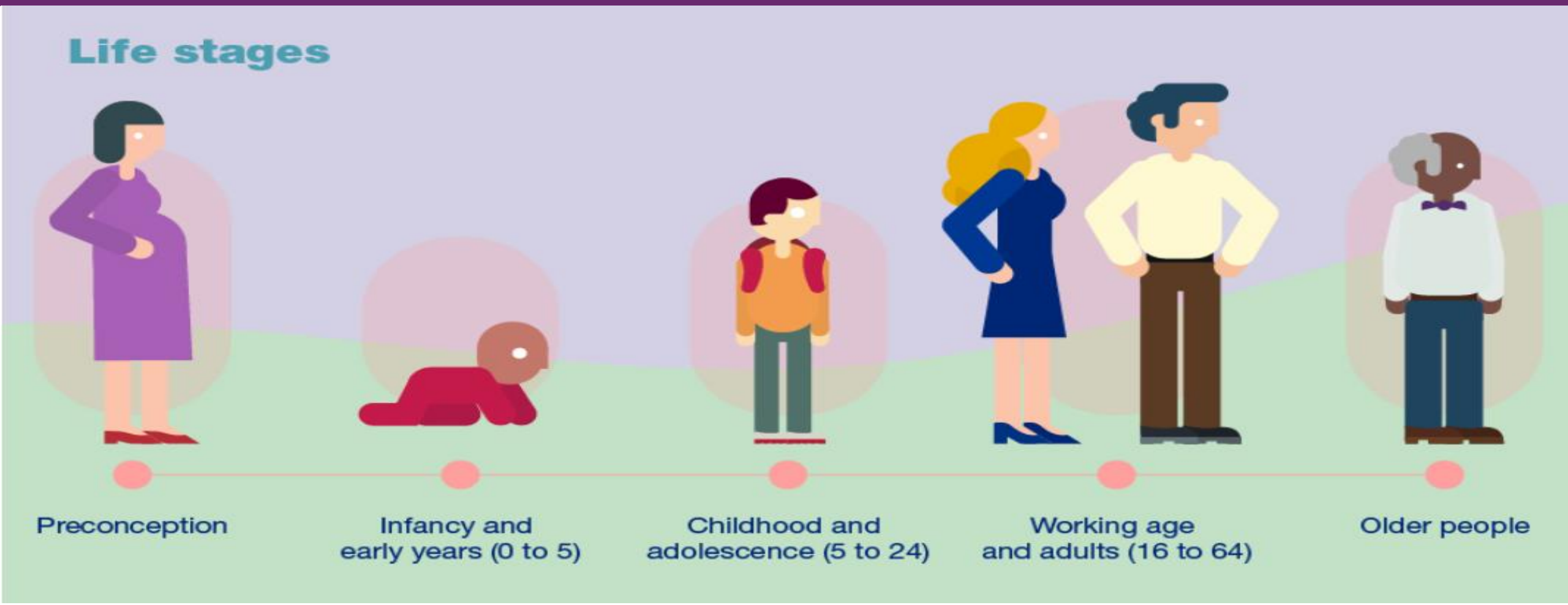
# Life Course Approach to Health and Wellbeing

LBHF
BI Service




A life course approach values the health and wellbeing of both current and future generations. It recognises that:

- there are a wide range of protective and risk factors that interplay in health and wellbeing over the life span
- maintaining good functional ability is the main outcome of the life course approach to health
- functional ability can be enhanced throughout life by a supportive environment
- by altering policies, environments, and societal norms, inequalities affecting the life course trajectory can be reduced, which could benefit the whole population across the lifespan, as well as future generations

Source: Public Health England

The following infographic presents key statistics around areas within the life course of a resident living in Hammersmith and Fulham.

# Population Health Across the Life Course of H&F Residents

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## BIRTH

There were 2,146 live births in H&F during 2021

- **3.4%** — Smoking status at time of delivery. London: 4.6%
- **92.7%** — First feed breastmilk*. London: 87.7%
- **86.8%** — Vaccinated at 12 months (Dtap/IPV/HIB/HepB)[a]. London: 87.6%

## EARLY YEARS

There are 9,022 (4.95%) under 5s living in H&F

- **29.4%** — Children in poverty (after accounting for housing). London: 30.5%
- **66.9%** — School Readiness*. London: 69.1%
- **70.3%** — Vaccinated by 5 years (MMR 2 doses)[a]. London: 74.0%

## SCHOOL AGE

There are 26,033 (14.2%) 5-19 year olds living in H&F

- **694.6** — Children (U18) with an episode of need during year (rate per 10,000). London: 649.6
- **111.7** — Hospital admissions harm (age 10-24) for self-harm (rate per 100,000). London: 159.9
- **54.8** — Average GCSE attainment 8 score. London: 50.6
- **127.8** — First time entrants to youth justice (rate per 100,000). London: 166.1
- **5.5%** — Children with Education, Health and Care Plans. London: 4.5%
- **33.3%** — Overweight or obese Year 6 children. London: 38.8%
- **6.2%** — Children with SEN provision with Autism Spectrum Disorder. London: 6.3%
- **19.8%** — Overweight or obese reception children. London: 20.0%
- **4.1%** — 16-17 year olds not in employment/ education/training. London: 3.4%
- **2,290** — Chlamydia detection rate in 15-24 year olds* (rate per 100,000). London:1,835
- **3.6** — Under 18 abortion rate (rate per 1,000). London: 5.5

## WORKING AGE

There are 132,335 (72.3%) 18-64 year olds living in H&F

- **Male: £47.9K / Female: £37.3K** — Median annual gross salary. London: £40.7K (male), £31.8K (female)
- **13.4** — Households in temporary accommodation* (rate per 100,000). London: 15.9
- **74.3%** — Physically active adults*. London: 66.8%
- **20.4%** — Estimated prevalence of common mental disorders aged <16 years old*. London: 19.3%
- **37.4%** — Eat their 5 a day (≥16 years)*. London: 30.0%
- **366.3** — Hospital admissions due to coronary heart disease. London: N/A
- **77.7%** — People in employment. London: 75.8%
- **0.8%** — COPD: QOF prevalence (all ages). London: 1.0%
- **8.4%** — Smoking prevalence in adults (18+)*. London: 11.7%
- **56.4%** — Estimated diabetes diagnosis rate. London: 71.4%
- **72.9%** — Recorded learning disability in stable accommodation. London: 79.0%
- **202.9** — Under 75 Mortality from preventable causes (rate per 100,000)*. London: 169.3
- **339.2** — Killed or seriously injured on roads (per billion vehicle miles). London: 201.4
- **762** — Admission for alcohol related conditions (narrow; rate per 100,000). London: 533
- **7.6%** — Recorded hypertension. North-West London: 11.1%
- **250.0** — Mortality rate from cancer (all ages; per 100,000). London: 226.8
- **11.0** — Suicide rate (10+ years; rate per 100,000). London: 6.9
- **30.0** — Incidents of violent offences (rate per 1,000). London: 27.5
- **11.9%** — Households in fuel poverty*. London: 11.9%
- **12.1** — Deaths from drug misuse (rate per 100,000)*. London: 3.6
- **1,979** — New STIs (excluding chlamydia; aged <25; rate per 100,000)*. London: 1,171
- **32.6%** — ASC users who have as much social contact as they would like (≥65 years). London: 35.7%
- **21.9%** — Adult carers who have as much social contact as they would like (≥18 years)*. London: 27.5%

## END OF LIFE

Each month, around 83 deaths are registered among usual H&F residents

- **30.3%** — Deaths occurring at home (all ages). London: 29.0%
- **Male: 79.6 / Female: 83.1** — Life expectancy at birth (years)**. London: 79.1 (male), 83.6 (female)
- **61.7** — Estimated dementia (≥65) diagnosis rate (per 100). London: 65.6
- **2,469** — Emergency hospital admissions (≥65) due to falls (rate per 100,000). London: 2,071
- **60.6%** — Uptake of flu vaccination (≥65)[b]. London: 68.3%

## OLDER PEOPLE

There are 18,985 over 64s living in H&F. This proportion of the population is expected to grow.

- **Male: 66.1 / Female: 62.6** — Healthy life expectancy at birth (years)**. London: 63.8 (male), 65.0 (female)

**Data sources:** Public Health Outcomes Framework, Accessed May 2024; Annual Survey of Hours & Earnings 2023. ONS Census, 2021; GOV.UK, Explore Education Statistics, 2022-23; WSIC Analytics Dashboard, Accessed May 2024; ONS Monthly Death Register, Accessed May 2024.
**Footnotes:** [a] Box indicative of benchmark against goal: Red: <90%; Amber: 90%-95%, Green: ≥95%; [b] Benchmarked against goal: <75%: worse, ≥75% better. Data is shown for the latest available period. Some numbers have been rounded for clarity – please refer to the original data. Coloured box outlines indicate statistical significance versus London (unless otherwise stated): red indicates significantly worse than the London average, amber statistically similar, and green significantly better. Grey box outlines indicate that statistical comparison between H&F and London is either not available or not appropriate. Coloured arrows indicated H&F recent trend data, where available. Green indicates significant improvement while red indicates significant worsening. Amber indicated no significant change. * indicates unavailability of H&F trend data (at time of creation).