

Unpaid Care Report Census 2021

Beata Rostek – BI Data Analyst September 2023

Unpaid Care Census 2021 Questions



Description: An unpaid carer may look after, give help or support to anyone who has long-term physical or mental ill-health conditions, illness or problems related to old age. This does not include any activities as part of paid employment. This help can be within or outside of the carer's household.

The Census 2011 question on unpaid care asked: "Do you look after, or give any help or support to family members, friends, neighbours or others because of either:

- long-term physical or mental ill-health/disability?
- problems related to old age?

Do not count anything you do as part of your paid employment."

People were asked to select one of four categories:

- No
- Yes, 1 to 19 hours a week
- Yes, 20 to 49 hours a week
- Yes, 50 or more hours a week

The Census 2021 question on unpaid care asked: "Do you look after, or give any help or support to, anyone because they have long-term physical or mental health conditions or illnesses, or problems related to old age? Exclude anything you do as part of your paid employment."

People were asked to select one of the six following categories:

- No
- Yes, 9 hours a week or less
- Yes, 10 to 19 hours a week
- Yes, 20 to 34 hours a week
- Yes, 35 to 49 hours a week
- Yes, 50 or more hours a week

Notes:

To allow the comparison between 2011 and 2021 data, some of the answer categories had to be matched to the four answers categories that were in 2011. When these two categories "provides 9 hours or less" and "provides 10 to 19 hours" of unpaid care are combined, they create a slightly different category ("provides 19 hours or less") to the category from 2011 ("provides 1 to 19 hours of unpaid care"), giving a difference of one hour of care.

The percentages for 2011 were calculated using the population of residents aged 5 years and over assuming there were no unpaid carers aged 0 to 4 years.

All percentages are rounded; totals may not sum exactly because of this rounding.

Summary

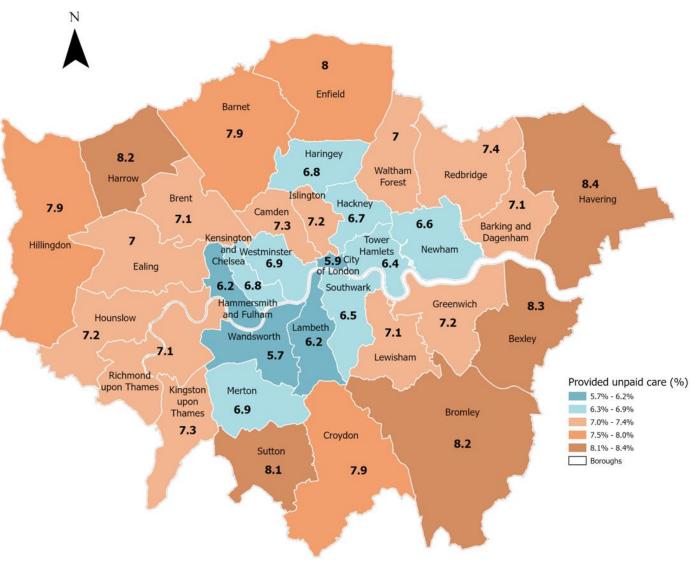


- The number of unpaid carers within H&F has decreased from 12,347 in 2011 to 10,734 in 2021.
- Since 2011 there has been a slight decrease in unpaid carers providing 19 hours and a slight increase in those who provided 20 to 49 hours and 50 or more hours.
- Generally, the further away from central London, the proportion of unpaid carers increases.
- Unpaid care provision is generally higher in the north part of the borough.
- H&F has a higher proportion of young unpaid carers compared to London/England averages. However, H&F also has a smaller proportion of older unpaid carers when compared to London/England.
- In H&F and both London and England, the percentage of people providing unpaid care was higher in females than males. Of the 10,655 unpaid carers aged 5 years and over in households, 60.3% were female and 39.7% male.
- The most common ethnic group in unpaid carers in H&F in 2021 was White: 56.8%. This was also the most common group for both London (53.3%) and England (85.5%).
- There is a higher proportion of unpaid carers in Black (+4.4%), Mixed (+0.2%) and Other (+2.5%) ethnic groups compared to the proportions in the general population.

Unpaid Care within H&F and across London



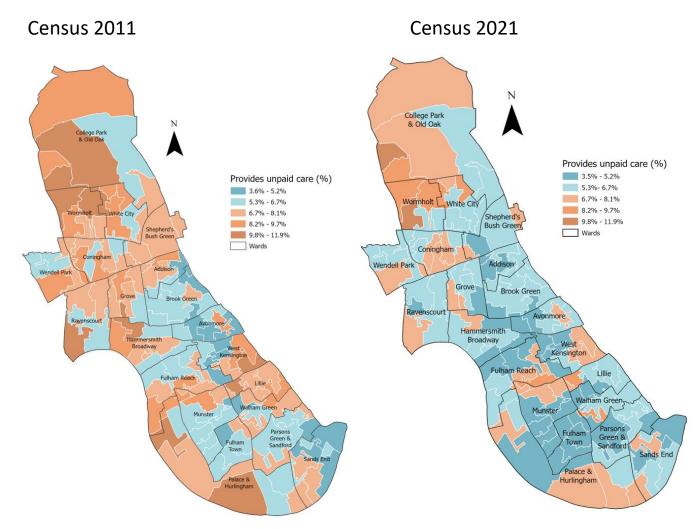
- There were 10,734 (6.2%) unpaid carers aged 5 years and over in H&F in 2021; this is lower when compared to 2011 data (7.2%) and lower when compared to London (7.2%) and England (8.8%) as a whole. This proportion ranks H&F 3rd lowest out of the 33 London boroughs for proportion of people who provided unpaid care.
- Of this group, 51.4% were providing less than 20 hours care a week, 23.1% provided between 20 to 49 hours and 25,5% provided 50 or more hours. The proportion is similar when compared to London and England. This is different when compared to 2011 data, 64.3% of residents that provided unpaid care were providing 1 to 19 hours, 15% were providing 20 to 49 hours and 20.5% provided 50 or more hours.
- Generally, the further away from central London, the proportion of unpaid carers increases.



Unpaid Care within H&F



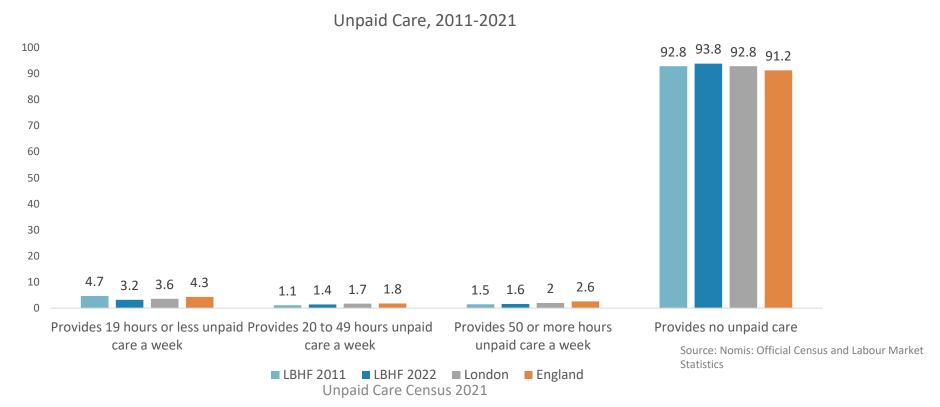
- College Park & Old Oak (8.1%), Wormholt (8.1%) and Coningham (7.1%) wards recorded the highest proportion of residents who provided unpaid care in 2021. In 2011 the highest proportion had Wormholt (9.2%), Hammersmith Broadway (9.1%) and College Park & Old Oak (9.0%).
- The lowest proportion of unpaid carers had Fulham Town (4.6%), Addison (5.0%) and Munster (5.0%). In 2011 the lowest proportion had Avonmore (5.7%), Fulham Town (5.9%) and Sands Ends (6.0%).
- Unpaid care provision is generally higher in the north part of the borough.



by hours



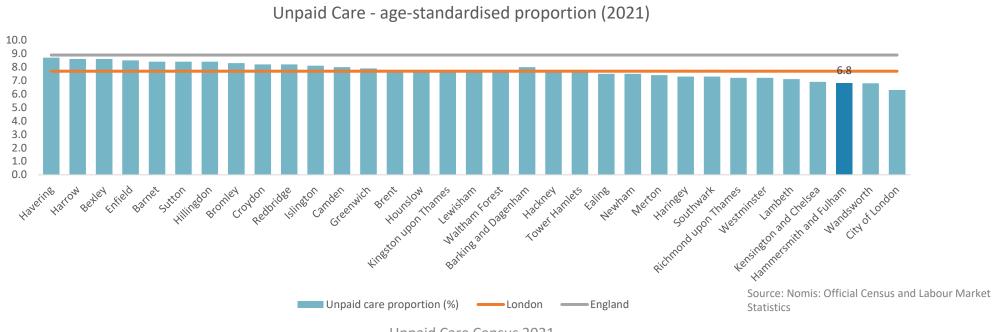
- The proportion of people providing 19 or less hours of unpaid care a week decreased from 4.7% in 2011 to 3.2% in 2021.
- The proportion of people providing 20 to 49 hours of unpaid care a week increased from 1.1% in 2011 to 1.4% in 2021.
- The proportion of people who provided 50 or more hours of unpaid care a week slightly increased from 1.5% in 2011 to 1.6% in 2021.



Age standardised-proportion



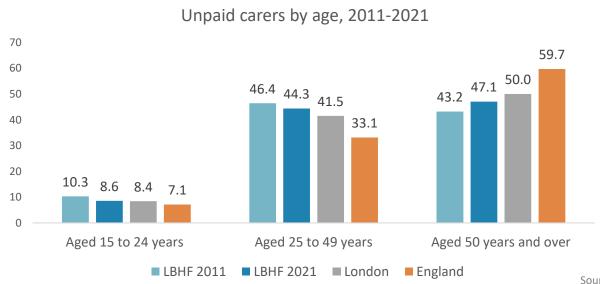
- The unpaid care data has also been age-standardised. This allows for comparisons between populations that may
 contain proportions of different ages, represented as a percentage.
- When the aged-standardised proportions (ASPs) are applied, the proportion of H&F residents who provided unpaid care has increased to 6.8%; the borough still ranks 3rd lowest in London.
- Age-standardised unpaid care data is not available for small geographies.



by age



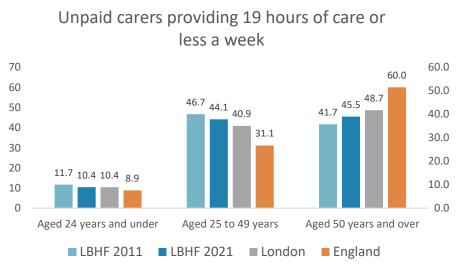
- In 2021 in H&F, residents aged 50 years and over provided the most unpaid care (47.1%), followed by those aged 25 to 49 years (44.3%) and people aged under 24 years (8.6%). The proportion is similar for London but different when compared to England, where residents aged 50 years and over made up around 60% of all people who provided unpaid care.
- 33% of all unpaid carers in H&F were aged 50 to 64 years. Similar proportion was found for London and England.

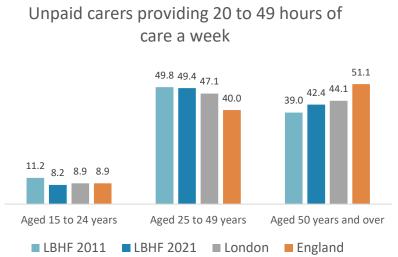


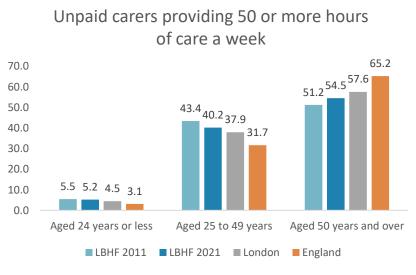
by age & hours



- The highest percentage of unpaid carers providing 19 hours or less hours a week was found in individuals aged 50 years and over (45.5%), similar for those who provided 50 hours or more (54.5%).
- For those who provided between 20 to 49 hours of unpaid care a week the highest percentage was recorded for residents aged 25 to 49 years (49.4%).



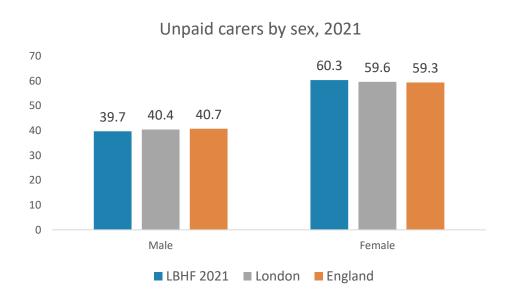




by sex



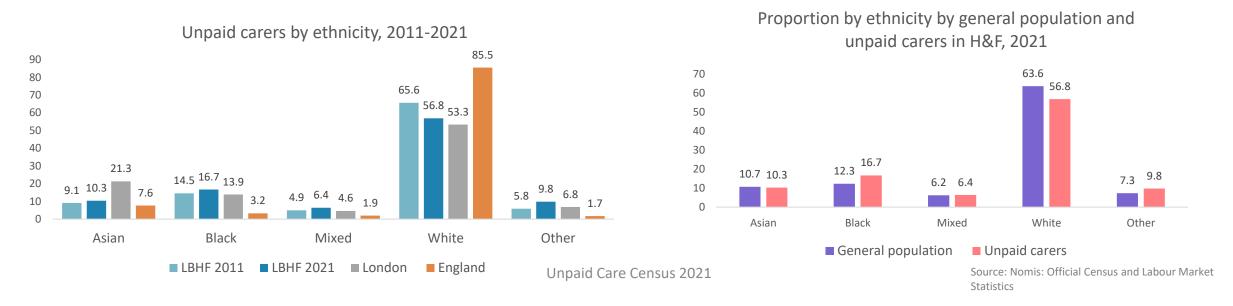
- There were 10,655 unpaid carers in H&F in 2021, which equates to 6.2% of the usual resident population aged 5
 years and over in households.
- In H&F and both London and England, the percentage of people providing unpaid care was higher in females than males; in H&F 7% of females provided unpaid care compared with 5.3% of males, in London was it 8.4% and 6.1% and in England 10.3 and 7.4%, respectively.
- Of the 10,655 unpaid carers, 60.3% were female and 39.7% male.





by ethnicity

- The ethnicity of residents who provided unpaid care follows the ethnic group distributions in the general population. In people who reported providing unpaid care, the most common ethnic group in H&F in 2021 was **White: 56.8%.** This was also the most common group for both London (53.3%) and England (85.5%).
- For both H&F and London the least common ethnic group in unpaid carers was "Mixed" (6.4 and 4.6%, respectively) and for England was it "Other" (1.7%).
- Within the "White" ethnic group, 40.2% of usual residents aged 5 years and over that were unpaid carers identified their ethnic group as "English, Welsh, Scottish, Northern Irish or British", 3.7% as "Irish" and 13.0% as "Gypsy or Irish Traveller, Roma or Other White".
- There is a higher proportion of unpaid carers in Black (+4.4%), Mixed (+0.2%) and Other (+2.5%) ethnic groups compared to the proportions in the general population.



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