

# Winter Update

Help with the cost of living – advice & tips

4-PAGE GUIDE INSIDE

£1million youth fund supports local groups

PAGES 6-7



**PLUS**  
**What's on**  
**this winter**  
PAGES 37-39

December 2023



**Inside:**  
**Your Christmas & New Year**  
**bin and recycling collections**

YOUR 12-PAGE GUIDE – STARTS PAGE 13

Lyric



"THE COOLEST CHRISTMAS SHOW IN TOWN"

WhatsOnStage

# CINDERELLA

Written by Vikki Stone

Directed by Tonderai Munyevu



Image: The Other Richard

**EXCLUSIVE TICKET OFFER  
FOR LOCAL RESIDENTS\***

**Lyric.co.uk | 020 8741 6822**

Book now to get **£5 off** the best available seats to West London's favourite panto.

Use code **HFRES** online, in person or over the phone to grab yourself a festive treat.

\*Offer available 01 Dec – 06 Jan excl schools performances.  
Discount available on price bands B-C and subject to availability.



# Season's Greetings

## H&F Leader Stephen Cowan

I hope everyone in the borough will enjoy time to relax with their family and friends over the Christmas and New Year break.

Many of us will take in some of the great entertainment we have in H&F. We are privileged to live and work in an area that is bursting with culture – from Cinderella at The Lyric to hard-hitting drama at the Bush Theatre, gigs at the Apollo to community dance at Sands End.

We are truly the "Other West End" and that is why we are campaigning to be London's Borough of Culture in 2025. Our theme is "Where Culture Connects" because that is exactly what it does. I hope you will support our bid.

On Christmas Day we will once again be hosting over 500 older residents to a festive lunch. I am so grateful for the generous support from H&F Giving, local businesses and the many volunteers who make this event possible. It is always a happy occasion and is a true symbol of our Stronger, Safer and Kinder borough.

As winter bites, we will be continuing our support for the many local families who are struggling with the constant rise in the cost of basics like energy and food. Do call our contact centre for help or visit our website which is packed with useful advice. Details are in the centre page pullout.

I wish you a Merry Christmas and a healthy and happy New Year.



A handwritten signature in blue ink that reads "Steve". The signature is written in a cursive, flowing style.

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**Don't miss a thing! Follow Hammersmith & Fulham:**



**nextdoor**



**flickr**



# Make Christmas special for 500 older residents

We want to serve Christmas lunch to older residents again this year. To make this annual tradition happen, we need your generous support.

Every year we host 500 senior citizens on Christmas Day. Any donation, big or small, will make a difference as we aim to raise £40,000 through local charity H&F Giving.

The day includes a free two-course festive feast, transport to and from lunch, and a gift bag to take home.

If you can't donate this year, how about helping by becoming a volunteer on the big day?

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Find out more about donating or volunteering here:

**[lbhf.gov.uk/christmaslunch](http://lbhf.gov.uk/christmaslunch)**

## Local charities needing your help

There are two local charities that are doing great work in H&F and need your help. Both have been chosen as the official charities for H&F Mayor, Cllr Patricia Quigley.

### Dads House

Fulham-based charity Dads House was founded to help single dads care for their children. It now runs a busy foodbank, open to local families in need, and also offers a lunch club, free legal advice, life coaching sessions and a buddy service. Regular free and low-cost classes are provided, including during school holidays.

[dadshouse.org.uk](http://dadshouse.org.uk)

### DanceWest

The award-winning DanceWest charity is on a mission to provide everyone with access to dance. The Fulham-based organisation runs regular free and low-cost classes – especially during school breaks. It also offers dementia and disability friendly sessions. Each week it gets 36,000 people dancing in 70 classes across west London!

[dancewest.co.uk](http://dancewest.co.uk)



**GREEN  
INVESTMENT**

## Open a Green Investment in H&F

You can now invest in H&F as we take climate action together. Our new H&F Green Investment scheme offers you the chance to earn money by investing in local ecological projects.

You can earn a fixed return of 4.85% a year on a low-risk investment. Invest as little as £5 in climate and ecological projects and earn interest every year. The offer is open to residents, businesses and community groups.

Want to improve your local area and help us adapt to the changing climate? Learn how: [lbhf.gov.uk/hf-green-investment-info](http://lbhf.gov.uk/hf-green-investment-info)

*Capital at risk*



We aim to make all of our publications accessible. If you require this document in a specific format, please contact us on **020 8748 3020**

# £1million youth fund supports local groups

**H&F Council has already provided more than £700,000 in funding to help 26 local organisations support young people**

It forms part of our new £1million King Charles III Coronation Youth Fund to help give young people the brightest possible future and best opportunity to fulfil their potential.

The Fund is entirely financed by a levy on property developers after H&F took a tough line to ensure the

community benefits from building projects. The rest of the funding will be awarded to local groups next year.

The Coronation Youth Fund reflects King Charles's lifelong dedication through the Prince's Trust to improving the lives of young people.



## The fund winners include... Wormwood Scrubs Charitable Trust and Thames Valley Harriers

AWARDED  
**£250k**

The money will provide new floodlights for the Linford Christie Stadium in White City, as well as the re-surfacing of its 400-metre athletics track and the covered 100-metre indoor straight track.

This will benefit both the premier elite athletics club and the entire local community who can use the facilities.

Andrea Broughton, chair of Thames Valley Harriers, said: "We organise training and coaching sessions for children and young people on Tuesdays, Thursdays and Saturdays each week, and this refurbishment will ensure that young people in the borough continue to benefit from the athletics coaching that our club can offer them."

### Here's what some of the other local groups had to say after receiving the funding:

#### **The Brunswick Club for Young People**

**Awarded £45,026**

"The grant means we can carry on providing stimulating, engaging activities and opportunities for more than 650 young people a year. We're seen as a lifeline by many families in Fulham."

**Piers Player, a senior youth worker at The Brunswick Club in Fulham.**



#### **The Sulgrave Club**

**Awarded £35,896**

"We're very pleased that H&F is continuing to support The Sulgrave Club by awarding us £35,896 towards



our youth provision for young people aged 11-19 years. Our good relationship with the borough dates back decades, so we're delighted to be able to continue this partnership."

**Nick Sazeides, Manager of The Sulgrave Club in Hammersmith.**

#### **Nourish Hub**

**Awarded £16,040**

"This funding will provide an incredible opportunity for UKHarvest to be able to target young people and give them the skills necessary to cook well for less, prevent household food waste and ultimately increase their quality of life."

**Yvonne Thomson, Chief Executive at UKHarvest which runs the Nourish Hub community food hub in Shepherds Bush.**



# H&F crackdown on anti-social behaviour cuts complaints by 22%

Our Law Enforcement Team is working with the Met Police to win the war on local crime





To support the local Met Police, we have added a 72-strong H&F Law Enforcement Team (LET). They patrol our streets, collect vital intelligence, initiate actions when crime hotspots emerge, and crack down on crime.

Before the launch of our pioneering LET, the Met Police received 8,480 reports of anti-social behaviour in 2021. This included issues such as fly-tipping, noisy neighbours and barking dogs.

The LET have helped cut the number of complaints to the Met to fewer than 6,600 between November 2022 and November 2023. That's a dramatic fall of more than 20 per cent.

"We have taken the view that keeping people safe is always our first priority," said H&F Leader Cllr Stephen Cowan. "In recent years we have invested the largest ever amount into

**“  
We have taken the view  
that keeping people safe is  
always our first priority”**



Our LET on patrol with Craig Knight from Met Police (centre) and H&F Leader Stephen Cowan (right).

fighting crime and its causes, and are spending more each year."

While Met Police Superintendent for H&F, Craig Knight, backed the LET's work by saying: "They are a valuable contribution to the local authority, to the local community – as a visible presence in that community. They bring valuable intelligence and local accountability."

### How to report anti-social behaviour (ASB)

Residents can report ASB to the council, the police, and housing associations. Or approach our friendly LET officers if you see them out and about. They're here to help, and patrol our streets day and night.

You can also call H&F's dedicated ASB team, **020 8753 2693**, email [asbu@lbhf.gov.uk](mailto:asbu@lbhf.gov.uk) or visit [lbhf.gov.uk/anti-social-behaviour](https://lbhf.gov.uk/anti-social-behaviour) for further contact details and support, and to report online. In an emergency, always call the Met Police on **999**. If you need help with a non-emergency as it is happening, call **101**.

# A new vision for Hammersmith

204 New Homes  
(105 affordable homes,  
36 shared ownership,  
69 with affordable rent)

Affordable Creative Workspace

Rooftop Restaurant  
Bar & Terrace

New Town Square

Concert Hall & Theatre

5-Screen Cinema

Flexible Office Space

Cafes, Restaurants & Shops

Unity Square Public Piazza

## Live, work, play and relax in Hammersmith's new Civic Campus – Britain's most exciting arts cultural and business quarter, opening in 2024

Our new Civic Campus will lead Hammersmith's transformation into a global tech and media hotspot.

Through our pioneering Industrial Strategy with Imperial College London, we've already helped create 8,000 new local jobs in the science, tech, engineering, maths, medicine and media industries since 2017.

The Civic Campus, which will start opening next year, will also breathe new life into the western end of King Street by helping to spread the economic activity from Hammersmith Broadway and its transport connections to the new Unity Square and surrounding retail and office space.

We are creating new solutions for better living, by growing local talent and businesses. The scheme includes 105 new affordable homes, 36 shared ownership homes and 69 at affordable rent levels.



Panoramic roof gardens, public squares, restaurants and bars will sit alongside a new five-screen cinema. While performance areas, gallery space and shops will create an iconic new community around Hammersmith's revitalised Grade II-listed art deco Civic Campus.

Its award-winning design from architects RSHP stems from its ethos that sees beauty, accessibility and ecology woven into every aspect of the inclusive scheme.

For more details, visit: [civiccampus.london](https://civiccampus.london)





## Bringing jobs and investment into H&F

**Since we launched our Industrial Strategy in 2017 over 8,000 jobs have been created locally in science, technology, creative and similar sectors**

Our partnership with institutions like Imperial College, London, with its stunning White City campus, has helped bring in over £6bn in investment. We have welcomed established global businesses such as Novartis, L'Oréal and Publicis which now sit alongside a thriving startup community as H&F becomes a world-renowned hub of innovation.

We have helped reduce from 5% to 1.7% the proportion of residents

with no qualifications as we work with schools and colleges to prepare people for the jobs of the future.

With 40% of jobs in fast-growing sectors like Life Sciences not requiring a degree, we are working to widen access via apprenticeships to address their recruitment challenges.

These measures contribute to making the borough stronger as we continue to share the prosperity in H&F.

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Clockwise from top: Imperial College London's 13-storey i-Hub in White City; opening L'Oréal's new White City HQ are, from left, H&F Leader Stephen Cowan, Deputy Mayor of London for Business Rajesh Agrawal, L'Oréal country managing director Thierry Cheval, and French Ambassador to the UK Hélène Duchêne; a researcher at work at Imperial College London.

# Your Christmas & New Year bin and recycling collections



## What's inside:

- ❄️ Holiday collection dates
- ❄️ Christmas tree recycling info
- ❄️ New bin and food waste services
- ❄️ Electrical recycling tips
- ❄️ Borrow from the Library of Things

# Your Christmas collection dates



Use this quick reference guide to check your household recycling and rubbish collections this Christmas.

As some collection dates will change, please keep this guide handy.

All collection days will be back to normal by Monday 8 January.

For more information on rubbish collections and recycling, visit [lbhf.gov.uk/rubbish](http://lbhf.gov.uk/rubbish)

| Day       | Date   | Status               | Collection | Alternative days     |
|-----------|--------|----------------------|------------|----------------------|
| Friday    | 22 Dec | Collection day       | ✔ Yes      | n/a                  |
| Saturday  | 23 Dec | Collection day       | ✔ Yes      | n/a                  |
| Sunday    | 24 Dec | <b>Christmas Eve</b> | ✘ No       | n/a                  |
| Monday    | 25 Dec | <b>Christmas Day</b> | ✘ No       | Moved to Weds 27 Dec |
| Tuesday   | 26 Dec | <b>Boxing Day</b>    | ✘ No       | Moved to Thur 28 Dec |
| Wednesday | 27 Dec | Collection day       | ✘ No       | Moved to Fri 29 Dec  |
| Thursday  | 28 Dec | Collection day       | ✘ No       | Moved to Sat 30 Dec  |
| Friday    | 29 Dec | Collection day       | ✘ No       | Moved to Sun 31 Dec  |
| Saturday  | 30 Dec | Collection day       | ✘ No       | Moved to Sun 31 Dec  |
| Sunday    | 31 Dec | <b>New Years Eve</b> | ✘ No       | n/a                  |
| Monday    | 1 Jan  | <b>New Years Day</b> | ✘ No       | Moved to Tues 2 Jan  |
| Tuesday   | 2 Jan  | Collection day       | ✘ No       | Moved to Weds 3 Jan  |
| Wednesday | 3 Jan  | Collection day       | ✘ No       | Moved to Thur 4 Jan  |
| Thursday  | 4 Jan  | Collection day       | ✘ No       | Moved to Fri 5 Jan   |
| Friday    | 5 Jan  | Collection day       | ✘ No       | Moved to Sat 6 Jan   |
| Saturday  | 6 Jan  | Collection day       | ✔ Yes      | n/a                  |



# Don't forget to recycle your tree!



## Free Christmas tree recycling collection

If you normally get an on-street rubbish collection, simply leave your tree where you'd leave your rubbish.

### Please make sure your real tree:

- is clearly visible
- is not obstructing the pavement
- has had all decorations and pots removed.

Please put your tree out for collection before 7am on your regular collection day – from Tuesday 2 January and Monday 22 January. Or take it to one of the drop-off points below.

## Designated Christmas tree drop-off points

You can also take your tree to one of the designated drop-off points below.

### Bishops Park

Next to café. Bishops Park Road/  
Stevenage Road entrance

### Cathnor Park

Next to play area, Greenside Road

### Fulham Palace Road Cemetery

Opposite Queensmill Road

### Loris Road Community Gardens

Batoum Gardens

### New King's Road

On the edge of Eel Brook Common

### Normand Park

Opposite Lillie Road entrance

### Ravenscourt Park

By football pitch, access by foot via  
Ravenscourt Park Road

### South Park

Hard standing next to cricket nets,  
access by foot via Woolneigh Street

### Wormholt Park

Sawley Road entrance

### Wormwood Scrubs car park

Off Scrubs Lane

For details visit [lbhf.gov.uk/rubbish](https://lbhf.gov.uk/rubbish), email [cleaner.greener@lbhf.gov.uk](mailto:cleaner.greener@lbhf.gov.uk) or call 020 8753 1100. Or, book a free drop-off at our Western Riverside recycling centre at: [wrwa.gov.uk](https://wrwa.gov.uk)



# New bins rolled out for rubbish, recycling and food waste

Since November, we've been rolling out new wheeled bins and food waste caddies for thousands of local households





# Here's everything you need to know about the rollout across H&F



## Why is H&F rolling out new bins?

We're making these changes to increase recycling, keep our streets cleaner and our crews safer. If selected, every home will have an opportunity to ensure the new bins suit their requirements.

The new bin rollout follows a successful launch of wheeled bins to more than 5,000 local households in 2020. Since then, residents have helped us compost over 1,000 tonnes of food waste – the same weight as 86 double-decker London buses.

It means that households receiving wheeled bins no longer need to use clear sacks for recycling. All clean and dry recycling can be placed loose in your recycling bin.

## What will happen during rollout?

Over the next few months, we'll continue to reach all suitable properties in the borough.

We're speaking to as many residents as we can across H&F about these changes. We want to ensure that the service works for you and your home. We're also holding local drop-in events in the neighbourhoods getting the new bins. Look out for a letter from us.



## Will my collection days change?

**There will be no change to your normal collection days.**

The new food waste collections will take place on the same day as your bin collections.

If you receive twice-weekly collections of recycling and waste, your food waste will only be collected on the day of your first collection (for example, if your collection days are Monday and Wednesday, your food waste will only be collected on Monday).

## Any more questions? Contact us

If you have any questions or concerns about the new food waste collections or wheeled bins, please email: [newbins@lbhf.gov.uk](mailto:newbins@lbhf.gov.uk).

If you already have food waste and wheeled bin collections and need a replacement wheeled bin or additional food waste caddies, please email: [newbins@lbhf.gov.uk](mailto:newbins@lbhf.gov.uk)



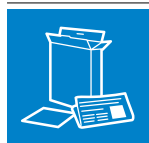
### FOOD WASTE FACT

H&F food waste is taken to a processing plant, where it's turned into organic fertiliser for farmers to use on their crops

# Recycle more this Christmas



## Yes, please recycle:



**Mixed paper & card**  
Card, cardboard, paper.  
*No glitter please!*



**Plastic packing containers**  
Plastic bottles, tubs, trays,  
pots. Squashed and lids  
placed back on



**Cartons**  
Cartons, Tetra pak



**Mixed glass bottles & jars**  
Glass bottles, jars.  
Lids placed loose



**Food tins & drink cans**  
Tins, cans

## No thank you:



**Black sacks**



**Food &  
garden waste**



**Shredded paper/  
wrapping paper &  
cards with glitter**



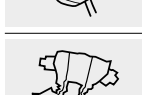
**Aerosols/tin foil**



**Textiles**



**Electricals** (only use  
our dedicated bins –  
details on page 23)



**Nappies**

## Top tips

- Flatten cardboard boxes
- Rinse out bottles, jars and cartons
- Squash and keep the lids on bottles and cartons
- Place lids from glass jars loose in your recycling

## Contact us

Visit [lbhf.gov.uk/recycling](https://lbhf.gov.uk/recycling)

Email [cleaner.greener@lbhf.gov.uk](mailto:cleaner.greener@lbhf.gov.uk)

Call **020 8753 1100**

Download the **H&F Report It** app,  
available from the Google Play  
Store or the Apple App Store.



# Help with the cost of living

**Pull Out  
& Keep**  
4-PAGE  
GUIDE

We are here to help everyone in H&F impacted by the cost-of-living crisis.

You can find all the support, resources and guidance you need on our website to help you tackle cost-of-living pressures this winter.

Visit: **[lbhf.gov.uk/cost-of-living](https://lbhf.gov.uk/cost-of-living)**

You will also find helpful tips and support details here.



## Warm Welcomes

H&F is supporting local organisations to deliver Warm Welcomes open to anyone looking for somewhere to sit down relax and enjoy free activities and refreshments.

To find out more, visit our website: **[lbhf.gov.uk/warmwelcomes](https://lbhf.gov.uk/warmwelcomes)**



## Winter Ready Homes

You could be eligible for free energy efficiency improvements, including LED lighting, radiator foils and draught-proofing which will help keep your home warmer and could reduce your energy bills. To find out more, visit our website or call our Cost-of-Living team for free on **0800 917 6994**.

## Crisis Prevention Fund

One-off awards to help households meet day-to-day essential living expenses like food, gas and electricity bills. You may be able to claim up to £900 if you need immediate financial support. Find out more, visit **[lbhf.gov.uk/crisis-fund](https://lbhf.gov.uk/crisis-fund)**

## Someone you can talk to



H&F has a dedicated Cost-of-Living team who can discuss your current financial circumstances and provide help and advice with:

- Council tax
- Rent and discretionary housing payments
- Crisis Prevention Fund and other available emergency financial support
- Free school meals
- Clothing grants
- Winter Ready Homes grants and energy support
- Fuel bank vouchers
- Signposting to budgeting advice.

If you are Disabled, you may be eligible for a grant to adapt your home to improve accessibility.

If you're struggling to heat your home or buy food, we can help connect you to local organisations and council services who can help.

If you are a council tenant and need advice on benefits, grants or budgeting, please contact the H&F Welfare Benefits team on **020 8753 5566** or email [welfare.benefit@lbhf.gov.uk](mailto:welfare.benefit@lbhf.gov.uk)

⚠ For more details call our Cost-of-Living team for free on **0800 917 6994**, 8am-6pm Monday to Friday

Or send an email to:  
[costoflivingteam@lbhf.gov.uk](mailto:costoflivingteam@lbhf.gov.uk)

Check our Cost-of-Living team's holiday hours:



## Help with money worries



If you're struggling with money, you can get free advice from these organisations

### Crosslight

Provides free debt advice, budgeting support and money management classes.

**020 7052 0318** or email:  
**info@crosslightadvice.org**

### Citizens Advice Hammersmith & Fulham

Free debt advice.

**020 3137 6295**  
**citizensadvice.org.uk**

### Nucleus Legal Advice Centre

Free legal help for money, welfare, housing and job issues.

**020 7373 4005**  
**nucleus.org.uk**

### StepChange

Offers debt support and works with you through budget challenges and debt solutions.

**0800 138 1111**  
**stepchange.org.uk**

### National Debtline

A national organisation that provides free, impartial debt advice, factsheets and an online budgeting tool.

**Freephone 0808 808 4000**  
**nationaldebtline.org**

### Money Helper

A national organisation that provides free advice on debts and benefits.

**moneyhelper.org.uk**

### CAP London Fulham Reach Debt Centre

Free professional advice.

**0800 328 006**  
**capuk.org/i-want-help**

### Tax Aid

Free, independent tax advice for people on low incomes.

**0345 120 3779**  
**taxaid.org.uk**



## Help with food and supplies



Nobody should go hungry. Here are a few local organisations that can offer you nutritious meals

### **H&F Foodbank**

Open every week across four locations. Offers free food parcels to residents in need upon referral.

**020 7731 3693**

**[hammersmithfulham.foodbank.org.uk](https://hammersmithfulham.foodbank.org.uk)**

### **Dads House, SW6**

Based in Fulham, open every week. Offers free food to residents in need upon referral.

**07765 183504**

**[dadshouse.org.uk](https://dadshouse.org.uk)**

### **The Upper Room, W12**

Offers free, hot meals every weekday between 3pm and 6pm to anyone in need, with toiletries, bedding and clothing often also supplied.

**020 8740 5688**

**[theupperroom.org.uk](https://theupperroom.org.uk)**

### **Nourish Hub, W12**

Offers hot meals every weekday on a 'pay as you can' basis, plus free cookery classes and breakfasts.

**020 7967 1302**

**[nourishhub.org.uk](https://nourishhub.org.uk)**



### **Rose Vouchers**

Helps families with children under five, and pregnant women, buy fresh fruit and veg from North End Road & Shepherds Bush markets. Check your eligibility for the voucher scheme on the website.


**[alexandrarose.org.uk](https://alexandrarose.org.uk)**

### **Barons Court Project, W14**

Day centre for people on low income, or who are homeless and/or vulnerable to mental health issues. You can have something to eat, do laundry, shower and enjoy wellness activities.

**020 7603 5232**

**[baronscourtproject.org](https://baronscourtproject.org)**

 If you would like any of this information in large print, braille or a different language, call **0800 917 6994** or email: **[costoflivingteam@lbhf.gov.uk](mailto:costoflivingteam@lbhf.gov.uk)**

# Top Christmas recycling tips



Everything you need to know about recycling during the holidays – including the most popular Christmas items such as small electrical devices and clothing

## Cards and gift wrap

Recycle Christmas cards and wrapping paper (but not metallic paper or glitter) in your wheeled bin, clear sack or smart bank.



## Bulky waste

For large items, like furniture or appliances, call **020 8733 1100** to book a bulky waste collection. Charges apply.



## Small electricals

Recycle small electrical items, such as mobile phones and hair dryers, at libraries or by organising a free collection from Traid.



Call **020 8733 2595** to book, or visit our website [lbhf.gov.uk/traid](http://lbhf.gov.uk/traid)

## Batteries

Recycle your old batteries at one of our libraries or at many supermarkets and stores.



## Clothing and textiles

Traid also offers a free collection for clothing and textiles. To book, call **020 8733 2595**.



Alternatively, drop off textiles at H&F libraries or you can find your nearest textile recycling bank at [lbhf.gov.uk/traid](http://lbhf.gov.uk/traid)

## Food waste

For tips to reduce food waste this Christmas, visit [lovefoodhatewaste.com](http://lovefoodhatewaste.com). If you have a garden, why not get a composter and recycle your leftover sprouts? Visit [getcomposting.com](http://getcomposting.com)



## Light bulbs

You can recycle your used low-energy light bulbs in collection boxes at H&F libraries.



# What happens to your recycling?

We explain how your recycling is collected, sorted and processed

1

All the paper, cardboard, glass, tins and plastics that you put in your recycling each week is sent to our facility in Wandsworth.



3

It takes around six minutes for your recycling to be processed and sorted once it's been emptied from the recycling vehicle.



2

Items are sorted to remove any items that aren't recyclable or that would injure staff or damage machinery.



4

Once the recycling has been sorted, it's baled up using a very powerful compacter and sent around the country to be recycled into new products.



5

A recycled fizzy drink tin can be returned to the supermarket shelf in just six weeks!





## DID YOU KNOW?



Recycled aluminium saves more than 90% of the energy needed to manufacture a can from scratch



More than 70% of the cardboard used in the UK is recycled



Glass is 100% recyclable and can be endlessly reprocessed with no loss of quality



# And where does all the food waste go?

**It's amazing how your simple food scraps can help create clean energy and crop-boosting fertilisers**

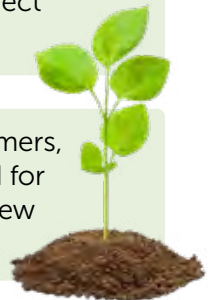
Currently, food waste is collected by our crews, who then deliver it to a facility where micro-organisms break down the organic materials without the need for oxygen. This process is called 'anaerobic digestion'.



After 72 hours, biogas is produced and is pumped into the power grid to provide renewable, clean energy to thousands of homes and businesses across the country.

Now that all the potential energy has been extracted from the waste, the leftover material is perfect for high-quality fertiliser.

We give this fertiliser to farmers, helping them to grow food for your next Christmas and New Year celebrations.



# How to recycle small electrical items

## You can help us save money by recycling your electrical appliances!

Electrical appliances are mostly made of plastic and metal, with small amounts of many other substances, some of which may harm the environment. Reusing and recycling is the best way to reduce the environmental impact of these products.

### Recycle your electrical goods

Bring your small electrical items to be recycled at one of the 17 recycling sites across the borough. These are known as WEEE banks. Some retailers will also accept your small electrical appliances for recycling when you buy new ones. Visit the Recycle Now website ([recyclenow.com](http://recyclenow.com)) to find stores which offer a take-back service.

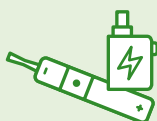
### Get your gadgets fixed

If your electrical appliance needs a fix, bring it to the Livat shopping centre in Hammersmith. The West Central London Fixers run regular repair cafes to get your electrical item working its best again. To book in a repair, visit: [lbhf.gov.uk/e-repairs](http://lbhf.gov.uk/e-repairs)



# 880m

The amount of electrical items lying unused in UK homes, which could be reused or recycled



# 155k

The weight in tonnes of electrical items thrown away every year – including 260m vapes



# ↓CO<sub>2</sub>

Recycling your old electricals would cut as much CO<sub>2</sub> as taking 1.3m cars off the road



## Electrical waste and electronic equipment recycling in H&F

WEEE banks accept unwanted (working or broken) small, portable electrical items, for example: electrical tools, radios, hair dryers, kettles, computer keyboards, small laptops and mobile phones. For larger items visit: [lbhf.gov.uk/bulky-waste](http://lbhf.gov.uk/bulky-waste)

### Outdoor bank locations

**Junction of Durrell Road and Fulham Park Road**  
SW6 5LQ

**Junction of Dawes Road and Aintree Street**  
SW6 7QZ

**Eel Brook Common**  
New Kings Road, SW6 4SG

**Waitrose car park**  
Heckfield Place, SW6 5BE

**Junction of Lillie Road and Everington Street**  
SW6 7PD

**Junction of Munster Road and Kingwood Road**  
SW6 6AZ

**Junction of Peterborough Road and Sulivan Court**  
SW6 3DL

**North End Road**  
Near Lytton Estate, W14 0SJ

**Uxbridge Road**  
Opposite Askew Crescent, W12 0NE

### Indoor bank locations

**Askew Road Library**  
87/91 Askew Road, W12 9AS

**Avonmore Library and Community Centre**  
North End Crescent, W14 8TG

**Fulham Library**  
598 Fulham Road, SW6 5NX

**Hammersmith Library**  
Shepherds Bush Road, W6 7AT

**Old Oak Housing Association**  
43-45 Erconwald Street, W12 0BP

**Shepherds Bush Library**  
6 Wood Lane, W12 7BF



# Why buy when you can borrow?

Local residents have saved more than £80,000 by borrowing from the Library of Things in Hammersmith

In June 2022 we helped launch the borrow-don't-buy hub for useful household gadgets and DIY tools in the Livat Hammersmith shopping centre, King Street.

So far, it has helped save more than 15 tonnes of waste from being thrown away – representing 30 tonnes of carbon emissions.

With more than 100 visitors and 200 items loaned out from as little as £1 every month, borrowing is more and more popular. Our Hammersmith site is now the best used hub of its kind anywhere in the country. It's a great asset for residents as we work to reduce carbon emissions from the things we buy, use, then throw away.

The King Street shopping centre also regularly hosts a variety of events to encourage the repair and reuse of household items, such as electrical items and clothes.

To get started, visit:  
[libraryofthings.co.uk/hammersmith](https://libraryofthings.co.uk/hammersmith)



Damien – wallpaper stripper



Mimi – projector



Renato – carpet cleaner



Amani – hedge trimmer



Natalie – shredder

# Support for local families

Great new Family Hubs are coming to H&F next year



Our new Family Hubs will offer a range of services to help support local families. All children and young people will be catered for, from prenatal to adulthood, as well as their entire families.

This includes activities for children aged 0 to five, as well as youth clubs. Plus, we can help with drug and alcohol support, mental health, and support with financial stress.

Each hub will be the place for families to get help from H&F's family

support team, who will have access to their case history. Our first hub will open in February, at the Stephen Wiltshire Centre in Fulham, and will be for families with children who have special educational needs and disabilities. The other hubs will be in Old Oak W12 and Fulham Court SW6.

All Family Hub details and events will be posted on a dedicated webpage for families to keep up-to-date.

For more details, please email [familyhubs@lbhf.gov.uk](mailto:familyhubs@lbhf.gov.uk)

# H&F serves up more than a million free breakfasts to pupils



## With families in H&F facing the biggest jump in food prices in more than 45 years, our fight to end food poverty has never been more important

We have now provided more than a million free breakfasts to local primary school pupils as part of our pioneering universal free breakfast offer.

Launched in 2019, the free breakfast scheme is just one part of the work we're doing to ensure that no child goes hungry in H&F.

Almost 6,000 pupils are currently eligible for free school meals in H&F – nearly 29% of all local pupils. This is far above the national average of 23.8%.

Need help? Find out about your child's eligibility for free school meals and school clothing grants at [lbhf.gov.uk/pupils-help](https://lbhf.gov.uk/pupils-help).

### Christmas holiday meal support

No child should ever go hungry which is why we will be providing food support to local pupils in need during the Christmas school holiday this year.

With local partners, we will also offer free holiday activities with free food for children and young people in H&F during the upcoming Christmas break.

### More food poverty support

Here is what else we are doing to support local residents:

#### Nourish Hub

We opened the Nourish Hub, a new community food hub on the Edward Woods estate in Shepherds Bush which celebrated its first anniversary this year. Serving 200 meals a day, the centre has now delivered more than 64,000 hot meals in H&F.

#### H&F Foodbank

We support H&F Foodbank, which has four sites across H&F in Fulham, Shepherds Bush, White City and Old Oak.



**!** For more support, our Cost-of-Living team is available at 145 King Street, Hammersmith, Monday to Friday, 9am to 5pm

# Our dementia friendly community



## H&F's pioneering dementia-friendly community work has been officially recognised by the Alzheimer's Society charity. Here's why:

Our work has focused on improving diagnosis rates, increasing awareness and better signposting of the support available in H&F.

This has included publishing a 'Living with Dementia' guide, launching the Good Life with Dementia training programme – led by people with dementia for those recently diagnosed – and our weekly Tuesday Club memory cafes for relaxed socialising.

This award would not have been possible without the tireless work of

the H&F Dementia Action Alliance which helped us work with local residents and organisations to improve the lives of people with dementia, their families and carers.

Other local organisations which have created welcoming spaces for residents with memory issues include the Hurlingham Club, Nourish Hub, For Brian, and Elgin Resource Centre.

Raymond, a Fulham resident living with dementia, said: "We really appreciate everything that is being done to support us all."



**Provided help and advice in our 'Living with Dementia' guide**



**Launched the Good Life with Dementia training programme**



**Weekly Tuesday Club memory cafes for relaxed socialising**



# How free care is helping residents back on their feet



**H&F is the only council in the country to offer free care at home to all residents**

## Free home care

Since abolishing all charges in 2014, Hammersmith & Fulham is the only council in the country to offer free home care.

Our home care service is for residents who need extra support to continue living independently at home.

To find out more about our home care offer, visit: [lbhf.gov.uk/homecare](http://lbhf.gov.uk/homecare).

## Outstanding Reablement team

Hammersmith & Fulham also has an Outstanding Reablement team.

The dedicated team, which offers up to six weeks' free care focused on rebuilding independence after medical treatment, has retained its rating from the Care Quality

Commission for a third successive year. The team works 365 days a year, 8am to 10pm, supporting more than 500 residents with a personalised support plan.

Fiona Curzon received three weeks of care after breaking her femur in two places.

"They were just perfect, they treated you with the exact care and respect that you treat yourself with. They were utterly charming and absolute poppets," she said.

This team works with H&F's integrated health colleagues to facilitate safe and timely hospital discharges, and our health community teams to prevent unnecessary hospital admissions. This helps cut NHS costs and the wait for hospital beds.

# Expanding our cycle routes and storage



**We know cycling is hugely popular in H&F. That's why we continue to build new infrastructure for cyclists to make the borough easier to get around**

Last year, we opened our first cycle storage hub. The new Cycle Hub in Hammersmith Broadway provides safe and secure shelter for more than 80 bikes – including cargo bikes – as well as a tool station to take care of quick fixes and flat tyres.

This spring, we're planning a new cycle storage hub in Fulham's Coomer Place. The proposed hub will be in a former car park off North End Road and offer space for 20 bikes.

We also know that residents want more cycle storage in their streets. That's why we're installing 600 new bike hangars across the borough over the next three years.

Local cycling is also set to get safer as we work to create two new segregated cycle pathways in H&F. Wood Lane in White City will connect with the revamped Cycleway 34 running south from Hammersmith gyratory to Fulham. While our Safer Cycle Pathway will be extended from Hammersmith Broadway to Olympia.

We want to make it easier for more people to cycle and walk – as we seek to improve air quality and people's health.

For more details about cycling in H&F, visit: [lbhf.gov.uk/cycling](https://lbhf.gov.uk/cycling)



# Getting the right care at the right time

For information about the services that can help you, visit:  
[www.nwlondonicb.nhs.uk/winter](http://www.nwlondonicb.nhs.uk/winter)



## NHS 111



Fully trained advisers are available to help at any time and book you appointments, if needed.

Contact NHS 111 at [111.nhs.uk](http://111.nhs.uk) or call 111.

## Pharmacy



Visiting a pharmacy is a quick and easy way to get clinical advice from a medical professional on minor health concerns like colds, stomach pains, or eye infections. No appointment needed.

## GP/doctor services

local GP practice



Trained health professionals at your local GP practice can help with a wide range of general health problems. They may see you in-person, online or over the phone.

You need to be registered to book an appointment.

You do not need proof of address, immigration status, ID or an NHS number to register at a GP.

Not registered? Visit: [nhs.uk/service-search/find-a-gp](http://nhs.uk/service-search/find-a-gp)

## Mental health services



If you are feeling anxious, worried or depressed, the NHS offers free talking therapies. You can refer yourself, you don't need to go to your GP first.

Visit: [nhstalk2us.org](http://nhstalk2us.org)

**In a crisis, call the free 24/7 NHS helpline:**

Ealing, Hounslow, Hammersmith, Fulham –  
**0800 328 4444**

Brent, Harrow, Hillingdon, Kensington and Chelsea, Westminster – **0800 023 4650**

**In a life-threatening emergency, call 999 or attend A&E**

# Never miss a thing!

Stay in touch with what's happening in H&F. Subscribing to our weekly e-Newsletter and monthly What's On guide.

SCAN FOR H&F NEWS



SCAN FOR WHAT'S ON



BUSINESS  
**CONNECTS**

Run a business in H&F? Sign up for details about local business support, networking, trading guidance, grants, and more.

SCAN FOR BUSINESS CONNECTS



Want monthly email updates about the steps we're taking to build the greenest borough? Sign up to Climate Connects.

SCAN FOR CLIMATE CONNECTS



nextdoor



flickr



# What's on

Here's a sneak peek at all the festive fun happening this holiday season



## Friday 22 December

### Live Next to the Apollo Christmas Special at Riverside Studios

Ring in the holiday season with top-tier comedians straight from the circuit before they hit the big time with their own Netflix specials.

Check out eight brilliant up-and-coming acts.

7pm. Tickets from £10.

[riversidestudios.co.uk](http://riversidestudios.co.uk)



## Until Friday 22 December

### Tipis on the Green on Parsons Green

Explore charming ski chalet-themed tipis and indulge in an Alpine-inspired menu. Enchanting fairy-lit interiors, handcrafted furniture, vintage ski memorabilia, festive Christmas trees and cosy fire pit tables await at London's first sustainable festive pop-up. Booking recommended.

[tipisonthegreen.uk](http://tipisonthegreen.uk)

## Until Saturday 23 December

### Feeling Afraid As If Something Terrible Is Going To Happen at Bush Theatre

The Edinburgh Fringe sensation has transferred for its first London run. After years of swiping, a permanently single, professionally neurotic stand-up finally meets Mr Right – and then does everything wrong. Strap in for a delightfully dark journey through self-awareness and self-sabotage as he decides whether love is worth the price of a killer punchline.

Age guidance 14+. Tickets from £25.

[bushtheatre.co.uk](http://bushtheatre.co.uk)



**Monday 25 December**



**Big H&F Christmas Day Lunch at the Novotel London West**

From 11.30am, around 500 older H&F residents, who might otherwise be alone, will get a free festive meal and spend Christmas Day together.

You can donate to help make it happen – scan the QR code or visit

[lbhf.gov.uk/christmaslunch](http://lbhf.gov.uk/christmaslunch)



**Until Saturday 30 December**



**Raymond Briggs' Father Christmas at Lyric Hammersmith**

Back for another brilliant year, watch Father Christmas on the busiest day of the year: Christmas Eve.

*Ages 6 and under. Tickets from £14.*

[lyric.co.uk](http://lyric.co.uk)

**Until Saturday 6 January**

**Cinderella at Lyric Hammersmith**

Cinderella is the queen of Hammersmith and runs her own business at Shepherds Bush Market. One day, Prince Henry disguises himself, visits her and love strikes. With the paparazzi in hot pursuit, the Prince is forced to flee. And so begins the unlikeliest of likely romances. But will Cinderella's step-sisters Muffy and Gusset and step-mother Lady Jelly Bottom get in the way of their happily ever after? Of course they will, it's panto!

*Suitable for ages 6+.*

*Tickets from £10.*

[lyric.co.uk](http://lyric.co.uk)

**IT'S PANTO TIME!**



**5 to 7 January**

**Peter Pan at Eventim Apollo**

Starring Boy George as the villainous Captain Hook, this adaptation of J.M. Barrie's much-loved tale features a dozen cirque performers, dazzling aerial stunts and a giant battle where the audience throw cannonballs at Hook's ship.

[eventimapollo.com/events/peter-pan](http://eventimapollo.com/events/peter-pan)

**Until Sunday 7 January**

**Ice skating at Westfield London**

Glide into the festive spirit with a spot of skating at an open-air rink. Then pop over to the shops for Christmas shopping at the Westfield shopping centre.

*Ages 3+. Tickets from £11.*

[icerinkatwestfieldlondon.co.uk](http://icerinkatwestfieldlondon.co.uk)



**Until Saturday 27 January**

**Ulster American at Riverside Studios**

Starring Woody Harrelson, Andy Serkis and Louisa Harland. An American actor, an English director and a Northern Irish playwright begin rehearsals for a new play – but when it turns out that they're not on the same page, the night threatens to spiral out of control.

*Age guidance 16+. Tickets from £30.*

[riversidestudios.co.uk](http://riversidestudios.co.uk)



**December & January**

**Festive and New Year packages at the Nourish Hub**

Whether it's a cookery challenge or a supper club, do something different this holiday season at H&F's community kitchen. All proceeds go back into the Hub, enabling it to deliver more free cookery sessions to local residents, as well as providing additional nourishing meals to those in need.

*Email [info@nourishhub.org.uk](mailto:info@nourishhub.org.uk) to book your place.*

[nourishhub.org.uk](http://nourishhub.org.uk)



**Want more local listings? Get our e-newsletter:**

Our monthly What's On e-newsletter is a snapshot of our busy borough and the best days and nights out in H&F!



Mayor of London and London  
Assembly Elections >> 2 May 2024

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# ARE YOU REGISTERED TO VOTE?

The deadline is  
**16 APRIL 2024**



You can register to vote at:  
[www.gov.uk/register-to-vote](http://www.gov.uk/register-to-vote)



You now need to show an accepted form  
of photo ID in a polling station.



No photo ID? Apply for a Voter Authority  
Certificate (VAC) by 5pm on 24 April 2024:  
[www.voter-authority-certificate.service.gov.uk](http://www.voter-authority-certificate.service.gov.uk)

For more information:  
Visit: [www.lbhf.gov.uk](http://www.lbhf.gov.uk)  
Email: [electoral.services@lbhf.gov.uk](mailto:electoral.services@lbhf.gov.uk)  
Helpline: 020 8753 4466