

Code of Conduct - Personal Training, Outdoor Fitness and Group Exercise

We are here to support you to successfully deliver sport, exercise and physical activities in Hammersmith & Fulham. The conduct, health and safety and service quality that we can provide to all members of the community engaging in these activities is an essential part of our core principles.

Capitalised words and phrases used in this code of conduct have the meanings given to them in the Outdoor Fitness Terms and Conditions, a copy of which can be found on the Authority's website.

The purpose of the code of conduct is:

- to avoid conflict between those undertaking licensed fitness activities in the park and other park users
- to protect the park
- to ensure use of any public open space is preserved for all visitors
- to provide an opportunity for visitors to engage in fitness training in a variety of outdoor environments
- to work alongside a license agreement to ensure fitness operators are following the current health and safety regulations and best industry practice for the safety and enjoyment of all participants
- To ensure that all fitness licensed operators are fully insured and hold liability for participant's safety.
- allow licensed trainers to contribute to the council's strategic outcomes
- help to manage and regulate physical training on the park
- help to balance activity
- be flexible enough to make sure that charging for large and small operators are fair
- ensure high quality and safe activities from qualified trainers.

The Code

- The fitness operator / licensee shall not have exclusive rights over any area of the Park and shall ensure that right of way is given to members of the general public visiting the Park.
- The Licensee and its Trainers will responsibly manage all matters pertaining to health and safety and will ensure that thorough risk assessments are completed and that adequate procedures are in place relating to first aid and accident reporting.
- No large items of keep fit equipment shall be used on the park other than hand held equipment e.g. jogging weights, kettle bells and resistance bands.

- Fitness operators / licensees shall leave the park in a clean and tidy condition and shall be liable for any loss of or damage to any council property through their direct improper use.
- The Licensee and its Trainers will comply with all applicable byelaws, orders and local restrictions applicable to the Park.
- The licensee shall ensure that the Parks property is not used for the purpose of fitness training i.e. benches, table, trees, lamp posts, bandstands etc. and to keep all pathways clear and accessible to all users.
- The fitness operator / licensee must ensure that no area of the park is overused to the extent that it causes unreasonable wear and tear to the ground e.g. damage to the grass areas or creating muddy waterlogged areas. A map showing the formal garden areas of the park and other unsuitable locations for training is available and the licensee must avoid training in these areas.

Park 'No Go' Zones

You are not permitted to use:

- areas within the park where training activities have a negative impact on other park users, and local residents e.g intrusive noise, aggressive language etc.
- areas of high pedestrian activity such as pathways, monuments and bandstands.
- areas clearly marked as sports fields, any formal garden areas and other Park sensitive locations such as; waterside areas, picnic areas, long grass, meadow land, conservation areas, playgrounds and ornamental gardens.
- areas closed for renovation or upgrading.
- any park structures, including trees, and furniture must not be used for training purposes.

Park 'No Go' Activities

The following activities are not to be conducted by personal trainers / group fitness licensees:

- amplified music or audio equipment, whistles and loud shouting or other intrusive noise - generating activities
- aggressive, intimidating or unreasonably noisy training activities that interferes with the comfort of other visitors
- use of objects that mark out an 'area of the park' to imply exclusive use

As a license holder you always agree to abide by these guidelines. Non-compliance to the above Code of Conduct and LBHF Park Byelaws means you are at risk of losing your fitness licence and being asked to leave the Park with immediate effect.